

CURRICULUM VITAE



Brian B. Quebbemann, MD, FACS, FASMBS
Irvine, Newport Beach, Tustin
California

PROFESSIONAL MEDICAL PRACTICE

Dr. Brian Quebbemann has become one of the most respected bariatric surgeons in America over his 30 year career. He is a consistent thought leader in bariatric surgery with his innovative approach to the management of bariatric surgery patients and the development of new minimally invasive weight loss techniques.

In 1997 Dr. Quebbemann began to perform the first advanced laparoscopic procedures in Orange County, California, including splenectomy, colectomy, Nissen fundoplication, and hernia repairs. In 2001 he founded *The N.E.W. Program, Inc.*, for Nutrition, Exercise and Wellness, a multidisciplinary medical and surgical weight management program with dietitians, psychologist, exercise trainer, bariatric medicine and surgery all available in the same clinic. As a result of his early establishment of a centralized, multidisciplinary approach to bariatric surgery, Dr. Quebbemann was asked to serve as a consultant for Inamed Corporation, Ethicon Endosurgery and U.S. Surgical Corporation in supporting the establishment of multidisciplinary bariatric programs nationwide in 2002 through 2004.

Since that time, he has established bariatric surgery programs and Centers of Excellence at multiple southern California hospitals, while serving as Director of Bariatric Surgery. These include Hoag Memorial Hospital, Huntington Beach Hospital, Irvine Medical Center, South Coast Medical Center, Community Hospital of Long Beach, Presbyterian Intercommunity Hospital and Southern California Hospital of Culver City. He has also served as Director of Bariatric Surgery at Chapman Hospital in Tustin, CA and Tri-City Regional Medical Center in Hawaiian Gardens, CA, both designated as Centers of Excellence.

Dr. Brian Quebbemann has been a Diplomate of the American Board of Surgery and was designated as a Surgeon of Excellence and a Master Surgeon in metabolic and bariatric surgery by the Surgical Review Corporation. He has been a Fellow of the American College of Surgeons (FACS) and a Fellow of the American Society for Metabolic and Bariatric Surgery (FASMBS), and served on the editorial board of the journal Obesity Surgery.

Dr. Quebbemann published a book titled “World’s Greatest Weight Loss” in 2019, promoting education on bariatric surgery and obesity to the public, and a new edition of his book “Permanent Surgical Weight Loss with the DietaryRebuild®” in 2023. He is currently completing a new edition of the book “Dietary Rebuild®” and completing a non-surgical weight loss book “High Impact Weight Loss® with the DietaryRebuild.”

He has developed three surgical procedures; the S.L.I.M.M.S. Procedures and they are the current focus of his clinical practice.

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LICENSURE

July 1997 California: G083899
1992-1997 Illinois: 125-028494

CERTIFICATION

June, 1993 National Board of Medical Examiners, Diplomat
June, 1999 American Board of Surgery, Diplomat
Dec, 2009 Recertification, American Board of Surgery
December, 2021 Recertification, American Board of Surgery

EDUCATION

1985 BS Biology, University of Minnesota
Focus in Biomechanical Engineering
1989-1990 American Heart Association Research Fellow
University of Minnesota Heart Lung Institute
1992 MD, University of Minnesota School of Medicine

RESIDENCY

1992-1993 Intern, Department of Surgery, University of Chicago
1993-1996 Resident, Department of Surgery, University of Chicago
1996-1997 Chief Resident, Department of Surgery, University of Chicago

SELECT PROFESSIONAL TRAINING AND EXPERIENCE

1999-2002 Proctor for Gore, Inc.; Laparoscopic Hernia Repair
1999-2000 Laparoscopic Gastric Bypass Preceptorship; Columbia, MO; Stanford, CA
2000 Lap-Band System Training for FDA-Trial Participation; Berkley, CA
2002 Mastering the Art of Preceptoring; Ethicon Endosurgical Institute; Cincinnati, OH

MILITARY

1994-2003 Major, United States Army Reserve Medical Corps
Teaching Staff, Brooke Army Medical Center, Fort Sam Houston, Texas
Honorable Discharge, 2003

SERVED AS DIRECTOR OF BARIATRIC SURGERY

Huntington Beach Hospital, Huntington Beach, CA
Director of Bariatrics, 2000-2006
South Coast Medical Center, Laguna Beach, CA
Director of Bariatrics, 2001-2006
Irvine Regional Medical Center, Irvine, CA
Director of Bariatrics, 2001
Community Hospital of Long Beach, Long beach, CA
Director of Bariatrics, 2005-2010
Designated Center of Excellence
Tri-City Regional Medical Center, Hawaiian Gardens, CA
Director of Bariatrics, 2011-2014
Designated Center of Excellence
Chapman Medical Center, Tustin, CA
Director of Bariatrics, 2012-2016
Designated Center of Excellence
Presbyterian Intercommunity Hospital, Whittier, CA
Director of Bariatrics, 2012-2015
Designated Center of Excellence

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Southern California Hospital at Culver City, Culver City, CA
Director of Bariatrics, 2014-2019
Designated Center of Excellence

BOOK PUBLICATIONS

2019 World's Greatest Weight Loss; Author
2020 DietaryRebuild®, Author
2020 Permanent Surgical Weight Loss with the DietaryRebuild, Author
2023 New Edition, Permanent Surgical Weight Loss with the DietaryRebuild

FDA RESEARCH STUDIES

2000-2001 The N.E.W. Program, Inc.
Clinical Trial Site for the Lap-Band ® System
2009-2011 The N.E.W. Program, Inc.
Clinical Trial Site for the ReShape ® Gastric Balloon System
2012 The N.E.W. Program, Inc.
Clinical Trial Site for the Transenterix SPIDER System

AWARDS, HONORS, MEMBERSHIPS

Tau Beta Pi, Engineering Honor Society, 1983
Kaplan Research Award, Minnesota Medical Foundation, 1990
Regular Member, Society of American Gastrointestinal and Endoscopic Surgeons
Guidelines and Bariatric Committees
Regular Member, American Society for Bariatric Surgery
Insurance Committee
Fellow American College of Surgeons
Fellow American Society of Metabolic and Bariatric Surgery
University of Chicago Surgical Society
Los Angeles Surgical Society
Surgeon of Excellence in Metabolic and Bariatric Surgery, Surgical review Corporation
Master Bariatric Surgeon, Surgical review Corporation
Editorial Board, Obesity Surgery

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PUBLICATIONS, ABSTRACTS, PRESENTATIONS

1. Ponce J, Quebbemann BB, Patterson EJ.
Prospective, randomized, multicenter study evaluating safety and efficacy of intragastric dual-balloon in obesity
Surg Obes Relat Dis. 2013 Mar-Apr;9(2):290-5. doi: 10.1016/j.soard.2012.07.007. Epub 2012 Jul 31.
2. Nguyen N(1), Champion JK, Ponce J, Quebbemann B, Patterson E, Pham B, Raum W, Buchwald JN, Segato G, Favretti F.
A review of unmet needs in obesity management
Obes Surg. 2012 Jun;22(6):956-66. doi: 10.1007/s11695-012-0634-z.
3. Ramsey Dallal, MD, Leonard Braitman, PhD, Lacy Hunt, MS, Brian Quebbemann, MD
Longitudinal Mixed Models improved the analysis of weight loss outcomes after bariatric surgery
Surgery for Obesity and Related Disease, May 2008
4. Ramsey Dallal, MD, Arthur Chernoff, MD, Michael O'Leary, MD, Jason Smith, MD, Justin Braverman, MD, Brian Quebbemann, MD
Sexual Dysfunction is common in the morbidly obese male and improves after gastric bypass surgery
JACS, December 2008
5. Justin Braverman, MD, Brian Quebbemann, MD
A 2-week very low calorie diet results in a decrease in liver volume and improved hisolotical findings of fatty liver disease
Surgery for Obesity and Related Disease, May 2007
6. Brian Quebbemann MD, Morad Akhondzadeh MD, Ramsey Dallal MD
Continuous Intravenous Heparin Infusion Prevents Per-operative Thromboembolic Events in Bariatric Surgery Patients
Obesity Surgery, October 2005
7. Brian Quebbemann MD and Ramsey Dallal MD
The Orientation of the Antecolic Roux Limb Markely Affects the Incidence of Internal Hernias After Laparoscopic Gastric Bypass Surgery
Obesity Surgery, June 2005
8. Brian Quebbemann MD, Dave Engstrom, PhD, Tracy Siegfried, MD, Ramsey Dallal MD
Bariatric Surgery is safe and effective in patients greater than 65 years old
Surgery for Obesity and Related Disease, July 2005
9. Brian Quebbemann, MD and Ramsey Dallal, MD
800 Consecutive Laparoscopic Bariatric Patients: The Learning Curve Is Not An Excuse For High Complication Rates
Abstract; Surgery for Obesity and Related Disease, May 2005
10. Brian Quebbemann, MD, Ramsey Dallal, MD, Thomas Benevenuti, MD
Case report: reversal of end-stage obesity related cardiomyopathy after laparoscopic gastric bypass
Abstract; San Diego, Annual National Conference for ASBS, June, 2004
11. David Goitein, Daniel J. Gagné, Pavlos K. Papasavas, Ramsey Dallal, Brian Quebbemann, Josef K. Eichinger, Douglas Johnston, Philip F. Caushaj.
Superior Mesenteric Artery Syndrome after Laparoscopic Roux-en-Y Gastric Bypass for Morbid Obesity
Surgery 14 (7) 1008-1011, Aug 2004.
12. Quebbemann BB, and Engstrom RD
Behavioral factors affect outcomes following gastric bypass versus banding procedures
Abstract; Obesity Surgery, 2002

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13. Ramsey Dallal, Brian Quebbemann
Reducing The Internal Hernia Rate After Laparoscopic Gastric Bypass.
SAGES, Fort Lauderdale 2005.
14. Brian Quebbemann, Ramsey Dallal
Routine echocardiography is not necessary in the pre-operative work-up of the bariatric patient.
Presented, San Diego, Annual ASBS, June, 2004.
15. Brian Quebbemann, Ramsey Dallal
Routine upper endoscopy is not necessary in the pre-operative work-up of the bariatric patient.
Presented, San Diego, Annual ASBS, June, 2004.
16. Brian Quebbemann, Ramsey Dallal, Thomas Benevenuti
Case report: reversal of end-stage obesity related cardiomyopathy after laparoscopic gastric bypass.
Presented, San Diego, Annual ASBS, June, 2004.
17. David Engstrom, PhD, Brian B. Quebbemann, MD
A study of contrasts: Psychological and behavioral differences between successful and unsuccessful patients following obesity surgery
Presented, San Diego, Annual ASBS, June, 2005.
18. Ramsey Dallal, MD, Brian Quebbemann, MD, Lacy Hunt, MS, Leonard Braitman, PhD
Analysis of weight loss after bariatric surgery using mixed-effects linear modeling
Obesity Surgery, 19 (6), 732-737, June 2009.
19. Ramsey Dallal, MD, Arthur Chernoff, MD, Michael O'Leary, MD, Jason Smith, MD, Justin Braverman, MD, Brian Quebbemann, MD
Sexual Dysfunction is common in the morbidly obese male and improves after gastric bypass surgery
JACS, 207 (6), 859-864, December 2008
20. Justin Braverman, MD, Brian Quebbemann, MD
A 2-week very low calorie diet results in a decrease in liver volume and improved histological findings of fatty liver disease
Surgery for Obesity and Related Disease, 3 (3), 277, May 2007.
21. Quebbemann BB, and Engstrom RD
Behavioral factors affect outcomes following gastric bypass versus banding procedures
Obesity Surgery, 12, 2002.
22. Quebbemann BB, Foreman BW, Pavek T, Bache RJ
Exercise Fails to Cause Dilation of Coronary Collateral Vessels
Circulation 1990;82:III-338.
23. Quebbemann BB, Pavek T, Ya X, Bache RJ
Effects of Coronary Neuropeptides on Canine Collateral Blood Flow and Collateral Resistance
Circulation 1990;82:III-420.
24. Quanbeck DS, Lutter LD, Johnson LO, Koop SE, Quebbemann B
Intramedullary Rodding of the Femur and Tibia in Osteogenesis Imperfecta
Presented at The American Academy of Orthopedic Surgeons, 1990:211.
25. Quebbemann BB, Rivier J, Bache RJ
Effects of Intracoronary Infusion of Vasoactive Peptide Antagonist [4Cl-D-Phe6-Leu17]VIP in the Awake Dog
Peptides 1991;12(5)989-993.
26. Quebbemann BB, Dulas D, Altman J, Homans DC, Bache RJ

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Effect of Calcitonin Gene-Related Peptide on Well-Developed Canine Coronary Collateral Vessels
J. Cardiovascular Pharmacology 1993;21:771-780.

27. Klassen CL, Quebbemann BB, Homans DC, Bache RJ: "Nitroglycerin Improves Blood Flow to Collateral-Dependent Myocardium During Exercise Only After Blockade of Shear-Mediated Vasodilation".
Circulation 1995;92:Suppl.1,1768.
28. Quebbemann BB, Klassen CL, Bache RJ: "Nitroglycerin Fails to Dilate Coronary Collateral Vessels During Exercise". J. Cardiovascular Pharmacology

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INVITED SPEAKING ENGAGEMENTS

1. Expert Panel Debate: Advanced Bariatric Surgery Course. American Society of Metabolic and Bariatric Surgeons, San Diego, CA, 2007
2. Expert Panel, Lap-Band Program Development. Society of American Gastrointestinal Endoscopic Surgeons, New York, NY, 2001
3. State of the Art Minimally Invasive Surgery for Obesity. Grand Rounds. Huntington Beach Hospital, Huntington Beach, CA.
4. Entering Bariatric Surgery. United States Surgical Corporation Forum, Society of American Gastrointestinal Endoscopic Surgeons, Los Angeles, CA, 2003
5. State of the Art Bariatric Surgery. Grand Rounds, South Coast Medical Center, Laguna Beach, CA. June 13, 2003.
6. Weight Loss Surgery, A Multidisciplinary Approach. Grand Rounds, Huntington Beach Hospital, Huntington Beach, CA. September 25, 2003
7. Establishing Truly Comprehensive Weight Loss Surgery Centers of the Future. Corporate Conference on Bariatric Surgery Services For Hospitals and Health Centers, Las Vegas, NV. January 16, 2004
8. Establishing and Growing the Comprehensive Weight Loss Surgery Centers of the Future. Conference on Bariatric Surgery Services for Hospitals and Surgeons, Arlington, TX. May 15, 2004
9. American College of Surgeons, Southern California Chapter, Bariatric Surgery Section Conference
10. Grand Rounds, West Anaheim Medical Center
11. Proctor: Laparoscopic Incisional Herniorrhaphy Workshops: June 2, 2000 and September 29, 2000. Harbor-UCLA Medical Center

SELECTED TELEVISION INTERVIEWS

1. The Doctors, CBS, Topic: Weight-Loss Drugs
2. The Doctors, CBS, Topic: SPIDER System Single Incision Bariatric Surgery
3. The Morning Show, CBS, Topic: The Lap-Band System
4. 48 Hours, CBS, Topic: Bariatric Surgery
5. KOCE, Topic: Weight Loss Surgery
6. KNBC, Topic: FDA Approval of Lap-Band System
7. OCN, Bariatric Surgery
8. Discovery Health Channel, Numerous Showings, Lap-Band and Surgery for Weight Loss
9. News at 5, CBS Topic: Lap-Band Adjustments